



SUMMIT OF MT. KINABALU

TOUR CODE 3MYBTMTKB3 • 3 DAYS • KOTA KINABALU • FROM CAD \$829 PP

Mount Kinabalu is a prominent mountain on the island of Borneo in Southeast Asia. It is located in the East Malaysian state of Sabah and is protected as Kinabalu Park, a World Heritage Site. Kinabalu is the highest peak in Borneo's Crocker Range and is the highest mountain in the Malay Archipelago. The mountain and its surroundings are among the most important biological sites in the world, with between 5000 and 6000 species of plants, 326 species of birds, and more than 100 mammalian species identified.

DAY 1: Drive 2 hours overland (88 km) through paddy-fields and Dusun villages over the ridges of the Crocker Range to the foothills of Mt. Kinabalu at 5,000 ft (1,524m).

A short stop at roadside stalls at Nabal market to savour local fruits in season. At Kinabalu Park World Heritage Site, visit the Education Centre and Mountain Garden, home to various species of the flowering Rhododendrons, carnivorous pitcher plants, orchids, ferns, oak trees and birds. Temperature at the park is around 14°C - 25°C. Overnight in Kundasang. (L/ D)

DAY 2: Transfer to Timpohon Gate at 6,000 ft (1,828m) to start the 4-6 hours trek with mountain guide to the overnight accommodation (dormitory style), with common bathroom and

restaurant at Laban Rata at 10,700 ft (3,261m). Do not forget to look around for some of the flowers and pitcher plants along the trail. Temperature is around 5 °C - 10 °C. (B/ L/ D)

DAY 3: Start ascent at 3 am to reach the summit at 13,435 ft (4,095.2m) in time for the sunrise at 6 am. After photography, return to Park HQ for late lunch and at 1430hrs, transfer back to Kota Kinabalu. (B/ L)

NOTES: Please bring sun block lotion, personal toiletries, hat, good walking/trekking shoes, windbreaker, towel, torchlight, waterproof gloves, raincoat, water bottle, energy food and personal medical kit including headache tablet and paracetamol for altitude sickness.

INCLUSIONS:

- Tours and transfers
- Accommodation
- Meals as specified
- Permit, insurance, entrance fees, certificate
- Mountain guide fees
- English speaking guide

EXCLUSIONS:

- Airfare
- Taxes
- Personal expenses
- Travel Insurance
- Meals and items not listed

CONTACT YOUR
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