



Culture & Food Tours in Malaysia

LAND PRICE CAD \$1888 pp • 9 Days/8 Nights • Starts in Kuala Lumpur Ends in Penang • DEPARTURE Daily

Malaysia, Truly Asia, where vibrant cultures blend harmoniously, from Malay traditions to Chinese festivals, Indian spices, and indigenous heritage.

Kuala Lumpur – KL, the gastronomic capital of Malaysia, tantalizes taste buds with a rich blend of flavors. From **Nasi Lemak**—coconut rice with anchovies, sambal, and fried chicken—to refreshing **Cendol** desserts, KL’s street food stalls offer a spicy and sweet culinary adventure. Don’t miss the savory **Satay** skewers or the aromatic **Char kuey teow** noodles. Whether dining out or cooking at home, KL’s eclectic food scene satisfies every craving

Malacca –Officially known as the **Historic State of Malacca**, lies in Malaysia on the southern Malay Peninsula, facing the **Strait of Malacca**. It was once a vital international trade center, attracting traders from Arabia, China, and India. The **Malacca Sultanate** thrived here until the Portuguese conquered it in 1511. Today, Malacca remains a major tourist destination, with its unique history and UNESCO World Heritage Site status.

Penang Known as the gastronomy capital of Malaysia, offers a delightful fusion of flavors. Surrounded by abundant seafood from the sea and crops from its farmland, it’s a haven for foodies. From street food to Michelin-listed eateries, Penang’s culinary scene is a vibrant tapestry of cultures and tastes.

TOUR CODE: 3MYSEDAP3

INCLUSIONS

- 4+star hotels, twin share
- Kuala Lumpur 3 nights
- Malacca 2 nights
- Penang 3 nights
- Domestic flight Malacca/Penang
- Breakfasts at the hotels
- 3 Food Tours
- 3 Cooking Classes
- Land transportation
- Local private sightseeing
- English speaking local guides

EXCLUSIONS

- International flights
- Personal expenses
- Gratuities
- Travel insurance
- Services not stated in the itinerary

FOR RESERVATIONS CONTACT YOUR AGENT

Itinerary

Day 1: KUALA LUMPUR – ARRIVAL

Upon arrival at the airport, meet and transferred to your hotel. Free for rest of the day.

Hotel: Ansa Kuala Lumpur 4*

Day 3: KUALA LUMPUR (B, fD)

Morning KL City Tour.

Late afternoon, experience the culinary delights of Kuala Lumpur on a private street food tour with locals. Embark on a mouth-watering journey as you savor 10 of the city's most beloved food items, hand-picked by passionate local guides. From savory dishes like Nasi Lemak to sweet treats and local drinks, this tour guarantees to satisfy every foodie. But it's more than just food; it's a cultural experience. In between food stops, you'll discover city highlights, including bustling markets and iconic temples. Join this carbon-neutral tour and indulge in the best flavors Kuala Lumpur has to offer.

Hotel: Ansa Kuala Lumpur 4*

Day 4: KUALA LUMPUR (B, ccD)

Start your morning at a Malaysian home just 20 minutes away from Kuala Lumpur city centre. Host will welcome you with a glass of flower tea and delicious appetiser from the garden. Explore the organic edible garden with over 50 herbs, spices, and flowers used in everyday Malaysian cooking. You will see, touch, smell, and taste a variety of local plants such as blue flower, curry leaves, and turmeric. In the kitchen, you will learn how to make *nasi lemak*, *ayam goreng*, and three other popular Malaysian recipes. I will introduce you to essential produce for our cooking such as lemongrass and *belacan* (shrimp paste). You will pound spices with a pestle and mortar, marinade chicken with 12 different spices, wrap coconut rice in banana leaf, and pull tea with two mugs. You will learn tips and tricks on authentic Malaysian cooking. Finally, it's time to enjoy a delicious meal we made together and chit-chat about Malaysian food, culture, and lifestyle.

Hotel: Ansa Kuala Lumpur 4*

Day 5: KUALA LUMPUR - MALACCA (B, fD)

After breakfast, morning departure to Malacca. A 2.5 hr journey distance 148 Km. Upon arrival check in at the hotel and proceed with a 2 hour Historical Malacca City Orientation Tour. Late afternoon, Ready to taste the best food in Malacca. Satisfy your cravings for local food and culture with highlights along the way, together with a foodie host. Enjoy 10 delicious and typical tastings that range from sweet to savory as well as drinks on a tasty food tour in Malacca.

Hotel: Courtyard by Marriott

Day 6: MALACCA (B, ccD or fD)

Morning Riverside Wanderer Tour. Take a river boat cruise on Malacca River to explore the sites. Afternoon Cooking Class if the day falls on Friday-Sunday, or explore more local foodie tour when this day falls between Monday-Thursday.

Hotel: Courtyard by Marriott

Day 7: MALACCA - PENANG (B, fD)

Mid-day 1-hour flight to Penang. Arrival transfer to the hotel to check in. Penang orientation tour, followed by a Foodie Tour to taste Penang's best street food.

Hotel: JEN Penang Georgetown

Day 8: PENANG (B, ccD)

Morning Penang Island Tour. Afternoon discover the flavors of Penang and learn how to recreate them yourself at home when you participate in this cooking class. Immerse yourself in the vibrant culture and year-round festivities of this historical island, known as Malaysia's culinary paradise. Join the morning market tour and experience the lively atmosphere as merchants interact with customers. Learn the secrets behind the ingredients and cooking techniques, allowing you to dive deeper into the art of spice handling and gain exclusive culinary knowledge.

Hotel: JEN Penang Georgetown

Day 9: PENANG – (B)

Breakfast at the hotel, transfer to the airport for your onward flight to the next destination.

ADDITIONAL INFORMATION

- Tour prices based on per person, twin shared room.

- A single supplement is available..
- Travel insurance is available
- International airfare is available.
- Canada One Travel reserves the rights to use equivalent or better rated hotel in the event that the program hotel is not available.